



Utah Substance Use and Mental Health Advisory Council

2016 ANNUAL REPORT

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USA AV+ Council Mission and Duties

The mission of the Utah Substance Use and Mental Health Advisory (USA AV+) Council is to create and coordinate a comprehensive strategy to eliminate substance use and mental health disorders throughout Utah.

The Council's statutory duties (§63M-7-301 through 306) are to:

- Provide leadership and generate unity for Utah's ongoing efforts to reduce and eliminate the impact of substance use and mental health disorders in Utah through a comprehensive and evidence-based prevention, treatment, and justice strategy;
- Recommend and coordinate the creation, dissemination, and implementation of statewide policies to address substance use and mental health disorders;
- Facilitate planning for a balanced continuum of substance use and mental health disorder prevention, treatment, and justice services;
- Promote collaboration and mutually beneficial public and private partnerships;
- Analyze and provide an objective assessment of all proposed legislation concerning substance use, mental health, and related issues;
- Oversee the implementation and evaluation of Utah's Drug-related Offenses Reform Act (DORA);
- Monitor the use of beer tax funds annually distributed to municipalities and counties for purposes of alcohol- and substance abuse-related law enforcement, prevention, treatment, detection, prosecution, and control to ensure compliance with the statute (§32B-2-404 and 405);
- Oversee Utah's Underage Drinking Prevention Media Campaign, ParentsEmpowered.org (§32B-2-306); and
- Report recommendations annually to the Governor, Legislature, Judicial Council, and Commission on Criminal and Juvenile Justice.

USA AV+ 2016 Legislative Priorities



In conjunction with its statutory duty to recommend statewide policies and provide an objective assessment of proposed legislation, the USA AV+ Council identified priority bills for passage during the 2016 Legislative Session. The following priority bills passed:

H.B. 120 – DUI Enforcement Funding Amendments, by Rep. Steve Eliason. This bill increases the administrative fee for impounding a vehicle due to an arrest, citation, or referral for administrative action for driving under the influence or reckless driving, from \$350 to \$400. The funding increase enables a \$423,200 appropriation to the Department of Public Safety Highway Safety Office for additional DUI overtime enforcement shifts.

H.B. 192 – Opiate Response Act - Pilot Program and Other Amendments, by Rep. Mike McKell. This bill appropriates \$250,000 one-time to the Utah Department of Health for the Opiate Overdose Outreach Pilot Program to fund grants to persons in a position to assist individuals who are at increased risk of experiencing an opiate-related drug overdose event.

H.B. 238 – Opiate Overdose Response Act - Overdose Outreach Provider and Other Amendments, by Rep. Carol Spackman Moss. This bill authorizes an overdose outreach provider to furnish an opiate antagonist without civil liability; requires an overdose outreach provider to furnish instruction on how to recognize and respond appropriately to an opiate-related drug overdose event; and exempts an overdose outreach provider from licensure under the Pharmacy Practice Act.

H.B. 240 – Opiate Overdose Response Act - Standing Orders and Other Amendments, by Rep. Steve Eliason. This bill authorizes the use of a standing prescription drug order issued by a physician to dispense an opioid antagonist.

H.B. 259 – Substance Abuse Treatment Fraud, by Rep. Eric Hutchings. This bill amends the definition of "recovery residence"; requires the Department of Human Services' Office of Licensing to make rules establishing "what constitutes an "outpatient treatment program"; and directs the Division of Substance Abuse and Mental Health to make rules to develop minimum standards for licensed public and private providers of substance abuse and mental health programs.

H.B. 342 – Substance Abuse Programs Amendments, by Rep. Paul Ray. This bill expands the scope of the Utah Substance Abuse

Advisory Council to include mental health issues and changes the name of the Council to the Utah Substance Use and Mental Health Advisory Council (USAHV+).

H.C.R. 4 – Concurrent Resolution Declaring Drug Overdose Deaths to be a Public Health Emergency, by Rep. Carol Spackman Moss. This resolution emphasizes the importance of the lives of all people living in Utah; recognizes Utah’s high rates of overdose death compared to most states in the country; and strongly urges Utah’s Department of Health, Department of Human Services, and Department of Public Safety to recognize this public health crisis and direct resources to reduce the number of overdose deaths in Utah.



The following priority bill and resolution did not pass, but the issues will be addressed again in the 2017 Legislative Session.

H.B. 333 – Electronic Cigarette Products, Nicotine Inhalers, and Related Revenue Amendments, by Rep. Paul Ray. This bill would have created the Rural Health Care Access Restricted Account funded primarily from revenues from the taxation of electronic cigarette products and nicotine inhalers; created a pilot project funded from the Rural Health Care Access Restricted Account; addressed licensing issues; imposed a tax on certain electronic cigarette products and nicotine inhalers; created the Electronic Cigarette Product and Nicotine Inhaler Restricted Account; addressed deposit and use of revenues from the taxation of electronic cigarette products and substances and nicotine inhalers; and included electronic cigarette products as tobacco paraphernalia.

H.C.R. 3 – Concurrent Resolution Supporting Cannabis Research, by Rep. Brad Daw. This resolution would have encouraged the United States Congress to consider legislation that would enable credible, institution-based research of cannabinoid molecules found in the marijuana plant, for potential beneficial human medical use; requested that the Food and Drug Administration and the Drug Enforcement Administration take action, through their drug classification schedules, to provide a path to help determine the human medical benefits of these products; and recommended that Congress facilitate research by specifically charging the National Institute on Drug Abuse at the National Institutes of Health to oversee this research of cannabinoid molecules and systems and that Congress provide the National Institute on Drug Abuse with the necessary addition to their budget to assure the research is conducted appropriately.

Utah’s Drug-related Offenses Reform Act



It is estimated by the close of FY 2017, 4,545 participants will have received DORA-funded substance use disorder treatment and intensive correctional supervision services.

During 2016, DORA treatment and supervision providers continued their participation in the “Correctional Program Checklist” or CPC, an intensive assessment and quality improvement process designed to determine how current interventions are being operationalized and whether or not they adhere to evidence-based practices. The CPC has been utilized with other justice programs in Utah

and has been found to be very helpful in identifying program strengths and weaknesses, as well as promoting evidence-based practices. The CPC process is scheduled to be completed during 2017.

DORA participant outcome measures collected the by the Utah Division of Substance Abuse and Mental Health are shown in the table below:

DORA GOAL

To reduce the incidence of substance use disorders, drug-related crime, and the associated consequences for individuals, families, and communities throughout Utah.

DORA Objectives

Determine an individual’s specific criminogenic risk and substance use disorder treatment needs as early as possible in the judicial process;

Expand substance use disorder treatment resources for individuals under corrections supervision in the community;

Provide more intensive supervision by the Utah Department of Corrections; and

Integrate substance use disorder treatment and correctional supervision in a collaborative approach to managing individuals on probation and parole.

Measure	Definition	FY 2012	FY 2013	FY 2014	FY 2015	FY 2016
Increased Alcohol Abstinence	Percent increase in DORA clients reporting alcohol abstinence from admission to discharge	23.0%	33.2%	35.3%	24.7%	29.9%
Increased Drug Abstinence	Percent increase in DORA clients reporting other drug abstinence from admission to discharge	91.4%	129.9%	115.9%	170.7%	204.2%
Increased Employment and/or Education	Percent increase in DORA clients employed full/ part time or student from admission to discharge	64.3%	34.1%	46.1%	38.5%	26.5%
Increase in Stable Housing	Percent increase in non-homeless DORA clients from admission to discharge	2.4%	3.9%	2.2%	1.0%	0.8%
Decreased Criminal Justice Involvement	Percent decrease in number of DORA clients arrested prior to admission to prior to discharge	58.3%	50.4%	54.2%	40.2%	57.1%
Social Support Recovery	Percent increase in DORA clients using social recovery support	64.7%	18.2%	41.3%	46.6%	38.1%

Source: Utah Division of Substance Abuse and Mental Health

Underage Drinking Prevention Campaign



During 2016, the USAAV+ Council maintained its oversight of Utah's ParentsEmpowered Underage Drinking Prevention Media Campaign, funded by the Utah Legislature through the Department of Alcoholic Beverage Control. The campaign entered its eleventh year on July 1, with new TV, radio, print and social media components. The USAAV+ Underage Drinking Prevention Workgroup meets regularly to guide the development of campaign materials.



With its strong foundation of research showing **parental disapproval is the #1 reason youth choose not to drink**, ParentsEmpowered focuses on providing parents and other influential adults with information about the harmful effects of alcohol on the developing teen brain, along with proven skills for preventing underage alcohol use, including **BONDING** with children through daily, positive communication and interaction; setting clear **BOUNDARIES** and limitations, including rules about underage drinking; and **MONITORING** children's activities by asking direct questions and ensuring their environment is alcohol-free.

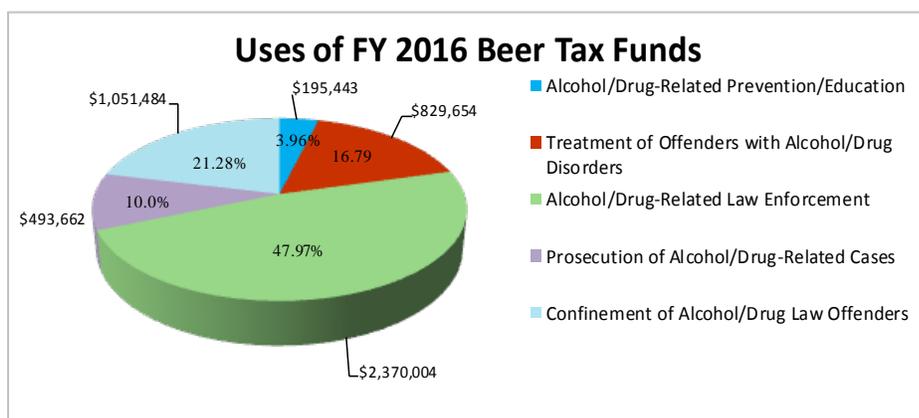
Research shows that every year since the ParentsEmpowered campaign was first implemented, underage drinking in Utah has decreased!



FY 2016 Beer Tax Funds

The USAAV+ Council monitors the use of beer tax monies appropriated annually by the Utah State Tax Commission to Utah's municipalities and counties from the **Alcoholic Beverage and Substance Abuse Enforcement and Treatment Restricted Account** for alcohol- and drug-related activities (§32B-4-4, Utah Code).

The figure on the right shows how the FY 2016 appropriation of \$5,391,900 was utilized.



Note: The amounts expended do not add up to the total appropriation due to unexpended funds carried over to FY 2016 and Tax Commission distribution fees.

2016 USAAV+ Governor's Awards



The USAAV+ Council annually honors those who have made outstanding contributions to Utah's efforts to eliminate substance use and mental health disorders and their adverse consequences. In 2016, the Council recognized 12 agencies and 56 individuals who make up the **Opioid Community Collaborative**, a multi-agency, public/private partnership that is achieving exceptional results and saving lives.

In January of 2015, Intermountain Healthcare initiated what has become the Opioid Community Collaborative, or OCC, uniting representatives of state and local agencies, from both the public and private sectors, and providing an initial contribution of \$3.5 million to fund the collaborative effort.

The mission of the OCC partnership is to plan and implement strategies to decrease the burden of prescription drug misuse, abuse and overdose in the State of Utah, through a three-pronged approach that addresses public awareness, provider education,

and access to evidence-based treatment. Since its inception, the OCC has achieved measurable progress that is translating into life-saving outcomes.

The Use Only As Directed public awareness campaign has exposed Utah citizens to messaging that addresses the safe use, safe storage, and safe disposal of medications.

Education of health care providers is changing the prescribing behavior of medical professionals with regard to opioids, as they reduce the number of pills prescribed and consider the use

of alternative medications for treating pain.

Treatment projects in Davis and Weber Counties are targeting pregnant women and women of childbearing age, as well as those who are underserved, including the uninsured, low-income, and homeless populations. Implementation of an “intensive care coordination” model and the utilization of medication assisted treatment (MAT) have resulted in an unprecedented retention of clients in the OCC-funded treatment programs. At 12 months, 78% of clients in the OCC programs remain in treatment, compared to only 26% of clients in “treatment as usual”.

The 12 OCC partner agencies recognized include Intermountain Healthcare, Davis Behavioral Health, the Utah Department of Health, the Division of Substance Abuse and Mental Health, Midtown Community Health Center, R&R Partners, the Utah Poison Control Center, the Salt Lake City Police Department, Salt Lake County Health Department, SelectHealth, Weber Human Services, and the Utah Commission on Criminal and Juvenile Justice.



Intermountain Healthcare OCC Team
Mikelle Moore (center), Vice President of Community Benefit for Intermountain, provided the original vision for the collaborative.



Utah Substance Use and Mental Health Advisory Council Members

S. Camille Anthony, CHAIR
Citizen Representative

Rollin Cook, VICE CHAIR
Utah Department of Corrections

Patrick Anderson
Criminal Defense Attorney

Dan Becker
State Court Administrator

Pat Bird
Representative of Prevention Professionals

Judge James Blanch
District Court Drug Court Judge

Heather Borski
Utah Department of Health

Paul Boyden
Chair, DUI Committee

Karen Buchi, M.D.
Chair, Drug Endangered Children Committee

Jeffrey Buhman
Prosecutor

Susan Burke
Utah Division of Juvenile Justice Services

Dennis Cecchini
Resident Personally Affected by a Substance Use or Mental Health Disorder

Santiago Cortez
Chair, Treatment Committee

Commissioner Bill Cox
Elected County Official

Parker Douglas
Utah Attorney General's Office

David Felt
Representative of Treatment Professionals

Mark Foote, M.D.
Representative of Physical Health Care Field

Ron Gordon
Utah Commission on Criminal and Juvenile Justice

Colonel Gary Harter
Military Service Member/Veteran

Kimball Gardner
Statewide Advocacy Organization for Recovery from Mental Illness Chair, Utah Behavioral Health Planning and Advisory Committee

Brent Kelsey
Chair, Recovery Residences Committee

Verne Larsen
Utah State Office of Education

Judge Mary Manly
Juvenile Court Drug Court Judge

Mary Jo McMillen
Statewide Advocacy Organization for Recovery from Substance Use Disorders

Richard Nance
Chair, DORA Oversight Committee

Brent Platt
Utah Division of Child and Family Services

Denise Porter
Utah Board of Pardons and Parole

Craig PoVey
Chair, Prevention Committee/UPAC

Representative Paul Ray
Utah House of Representatives

Scott Reed
Chair, Justice Committee

Chief Tom Ross
Representative of Local Law Enforcement Agencies

Mayor JoAnn Seghini
Utah League of Cities and Towns

Shirlee Silversmith
Utah Division of Indian Affairs

Commissioner Keith Squires
Utah Department of Public Safety

Senator Jerry Stevenson
Utah State Senate

Doug Thomas
Utah Division of Substance Abuse and Mental Health

Judge Vernice Trease
District Court Mental Health Court Judge

Hong Vu
Office of Multicultural Affairs