

Utah Commission on Criminal and Juvenile Justice

**Residential Substance Abuse Treatment
* RSAT *
Sanpete County Jail, Manti, Utah**

January, 2026

Program Overview

- **Name and purpose of the program** – RSAT Inpatient Substance Abuse Treatment. Our purpose is to decrease recidivism, create opportunities for former inmates to transition into and be a productive member of society. We serve both male and female inmates.
- **Target audience or beneficiaries** – include RSAT staff, addiction professionals, and correctional officials.
- **Core services or activities** – The program utilizes evidence based tools to assess substance use disorder severity, co-occurring disorders, and criminogenic risk/need
- **Current status:** Existing

Successes

Using the RSAT funding from CCJJ we have added the following to the Sanpete County Jail.

Substance Use Dependency Counselor: Addiction Severity Index, Life Skills Classes and Cognitive Behavioral Classes.

Mental Health Counselor: DBT, Individual Counseling Sessions, Treatment plans, LS R&R.

Program Intern: Pretreatment Classes, Evidence Based Data, Client Input and Reporting, SCORE Center scheduling.

Community Health Worker: Resources backpack upon release, Alcohol and drug screens at intake, monthly SAFE (Sanpete Area Family Events), Annual Recovery Day Celebration. Our CHW also provides assistance and referrals for Medicaid and TAM, Medical Assisted Treatment – MAT, Housing needs and referrals, job applications, Rehabilitation Services, Social Security.

Jail Program Sergeant: Developed and continues to develop inside and outside programs for inmates and offenders. She facilitates post-secondary classes by Zoom, high school classes, and other classes like Inside Out Dad, Resilient Mindset and Transform Your Hustle.



L to R: Commissioner Cheney, Commissioner Bartholomew, Sheriff Buchanan, Commissioner Bennett.. We have had great support from our Sheriff and County Commissioners.

As a team, we developed a well-appointed and fully functioning up to date SCORE center in the County Administration Building to hold Zoom training and in person classes for those released from jail. Some of the classes held there are Prime for Life, MRT for Domestic Violence, and Anger Management. A new class offered is “Transform Your Hustle.” An evidence based intervention class being taught by Utah State was set up for probation clients called “Resilient Mindset.”

The SCORE center also provides Naloxone information and USARA peer Support.

Successes continued...

Our team regularly attends Statewide Substance Use conferences to further their knowledge and create new connections.

We have weekly clinical team meetings with custody, treatment and medical staff.

The RSAT staff also hold monthly Wellness Fridays for inmates – yoga, health, Accudetox, meditation, music therapy, etc.

Our SAFE events and more can be held there as well.

Our Community Health Worker and team have received national recognition for our program.

Our RSAT program was also featured in a nationwide webinar called RSAT Promising Practices Guidelines with over 80 participants nationwide.

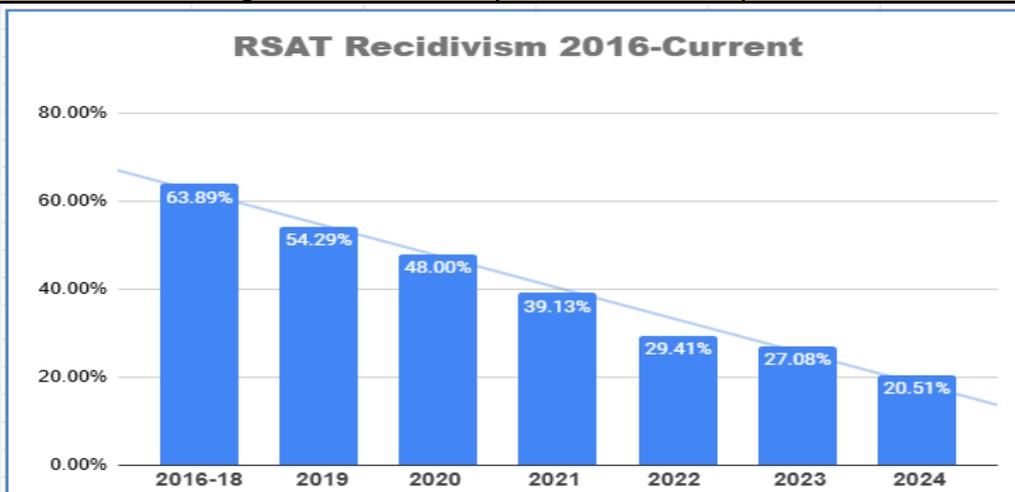
Our CHW also joined other Community Health Workers at an information table for legislators at the State Capital to teach how a CHW in a county jail can reduce recidivism of repeat offenders.

Our data shows a marked decrease in recidivism for participants in the program.

See 2023 – 2024 recidivism charts on the next page.



As of October 2024	2023	2024
Overall Enrollees	48	22
No New Charges	32	21
Graduates with new charges	13	1
Recidivism 2023-2024	27.08%	4.55%
New Drug Charge	11	1
Other Charge	3	0
PO Violation	3	0
No New Charges	49	0



Connections

Our RSAT team works closely with and has developed close working relationships with the following:

- * **Central Utah Counseling Center**
- * **Red Barn Academy**
- * **Cedar Ridge Recovery**
- * **Valley Behavior**
- * **Odyssey House**
- * **Castle Ridge**
- * **Valley Epic Program.**

Contributing Consortium members:

Intermountain Health (local hospitals and clinics in the six county area)

Central Utah Counseling

Central Utah Public Health Department

Sevier and Sanpete County Sheriff's offices

Wayne County Community Health

Millard, Sevier, And South Sanpete School Districts

Local Therapists, people with lived experiences and peer recovery specialists.

CONTINUING CARE/REINTEGRATION

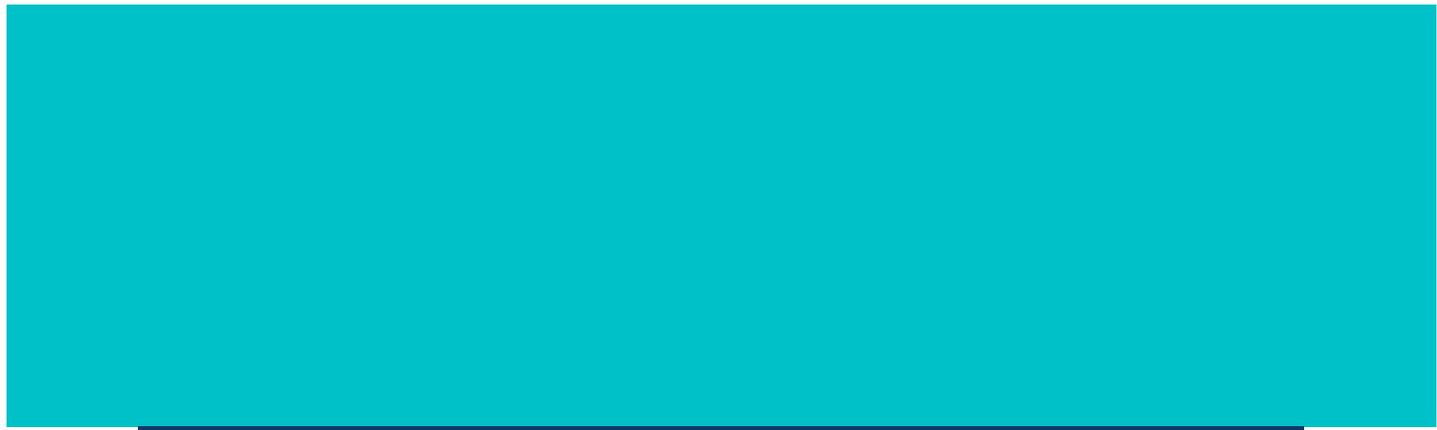
Participants who successfully complete the RSAT program phase into Continuing Care. As with the other small jail participating in this program, we face the challenge of connecting individuals to outpatient/continuing care services and identify this as a gap area. However, program participants are linked to community supports and services as part of their transition plan. Another recognized challenge is when participants are released after fewer than 90 days. While clients are still incarcerated, we work with our local substance use authority to facilitate a soft handoff.

Re-entry plans are developed for all participants and include housing, continued treatment, vocational plans, and other areas. The program has a funded aftercare program co-led by a community health worker and clinical provider from a community-based organization. One of the most popular aspects of the program is our SAFE events. Sometimes called ‘Sober Socials’, these events bring together participants and their friends and families to enjoy motivational speakers, music, food, games and attendance at local events.



SCORE Center Grand Opening

L to R: Ingrid Maughn- Community Health Program Manager, RCORP Grant Program Director Intermountain Health, Cheryl Swapp- CHW, Cassie Kridelbaugh- LCSW, Program Director, Sgt. Gretchen Nunley- Jail Programming, Tonia Castro- SUDC



In Washington DC with Manny Lucero and Ingrid Maughn



L to R: Sarah Diefendorf- Community Health Director- Leader Government Grants. Manny Lucero- Business Operations Coordinator RCORP Grant Program Director Intermountain Health, Cheryl Swapp Community Health Worker Sanpete County Sheriff's Office, Kayla Deru- Statistical Analyst Intermountain Community Health, Ingrid Maughn- Community Health Program Manager RCORP Program Director Intermountain Health.

At the 2024 Health Resources and Services Administration Reverse Site Visit Meetings in Washington, DC, our team was one of the final 6 picked to present to a panel, and along with an audience of 1,000, voted our presentation as the TOP winner among the other grantees.



Kayla Deru and Cheryl Swapp

THE CENTRAL UTAH COMMUNITY OPIOID RESPONSE EFFORT
(CENTRAL UT CORE) PROUDLY PRESENTS

2nd Annual

Imagine what recovery can be

RECOVERY DAY 2024

A Mental Health & Wellness Event:
Together We Thrive

EVERYONE
is welcome here!

SPECIAL GUEST

Ryan Stream
@7:30PM

21 SEPT
5-9PM



**Canyon View Park
Pavilion and
Amphitheater
625 S 100 E
Ephraim, UT 84627**

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